



“ When I found out that Kimberly Gordon, M.D. was my mentor, I could not be more excited. I thought it was a great pairing. I had heard of her from the work she did with the Louisiana Psychiatric Medical Association, where I currently serve on their board. I first met her at the 2016 September Component Meeting. It was my first meeting as a Fellow and I was undoubtedly anxious. We immediately bonded over our commonalities. She also told me about the work she had done. At the end of the meeting, we

exchanged contact information and remained in touch.

As my mentor, she has taken more time to know me both on a professional and personal level via phone conversation, emails, and the most recently in person at the IPS: The Mental Health Services Conference in New Orleans. She understands and can relate to the challenges I face as an African American female psychiatrist. We talked about the ways to overcome those adversities. She assigned me to write down my short and long-term goals—what I need help with the most and my professional interests after residency. Despite her very busy schedule, she found time to discuss those goals with me.

I have found Dr. Gordon to be available whenever I need her. She has given me guidance without enabling me. She's supportive and charismatic. I admire all her leadership, her passion for her work and commitment not only to her patients but to her community as well. She's a true inspiration. I could not be happier to have her as my mentor."

— Carine Nzodom, M.D.

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